

The Letter of Paul to the PHILIPPIANS

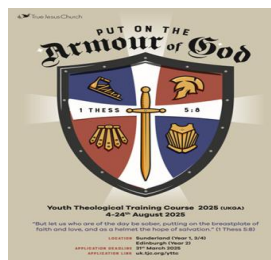
Author: Apostle, Paul

Date: 60-62 AD

Theme: Joy

Key Words Rejoice

YTTC Theme: Put On The Armour Of God (1st Thes 5:8)



- 8 But since we are of *the day*, let us be sober, having put on the breastplate of faith and love, and as a helmet, the hope of salvation.

CHARACTERS WITHIN PHILIPPIANS

Main Characters

- Apostle Paul
- Timothy
- Epaphroditus
- Euodia
- Syntyche

OUTLINE OF THE BOOK OF PHILIPPIANS

CHAPTER 1

Gospel

Phil 1:1-11	<u>Gospel</u>
Phil 1:1-2	Greeting
Phil 1:3-7	Remembering the Gospel
Phil 1:8-11	Love and affection
Phil 1:12-18	Motive and endurance for preaching the Gospel of God
Phil 1:19-26	To Live is Christ
Phil 1:27 – 30	The Gospel; Conduct and worthiness towards the Gospel

CHAPTER 2

Phil Chapter 2

Mindset & Exemplary mindset & Obedience/Submission in Gospel of Salvation

Phil 2:1-4	Joy of one mind, one accord – The pursuit of joy through Unit. Like-minded with fellow co-workers in Christ
Phil 2:5-11	Exemplary Mindset for serving God – Jesus Christ
Phil 2:12-18	Serving God and His Church
Phil 2:19-24	Proven Mind-set and motive to serve Church of God
Phil 2:25-30	Like-minded in suffering for the Lord and His Church....and serving

CHAPTER 3

Defend the Church in truth – Discern to know what is safe

Defend the Church in truth - “Growing in the Faith” **Warnings against error**

Phil 3:1-16	Warnings against Judaizer - “All for Jesus Christ”
Phil 3:3-7	Convictions of own identity & self-righteousness
Phil 3:9-11	All for Christ; Knowing Christ and standing in Christ
Phil 3:12-16	Lay hold of that which for which Christ laid hold of me.
Phil 3:17-21	Citizenship in Heaven

CHAPTER 4

The joy of being content

Phil 4:1	To stand fast in the Lord
Phil 4:2-7	Pursue for unity of the same mind
Phil 4:8-9	Appreciating good virtues that bring joy and goodwill
Phil 4:10 ~ 20	Joy of being sufficient
Phil 4:21-23	Final Greetings

CHAPTER 1 Gospel

Phil 1:1-11 Gospel

Chapter 1

Thanksgiving

Phil 1:1-2 Greeting

- 1 Paul and Timothy, bond-servants of Christ Jesus,
To all the ^fsaints in Christ Jesus who are in Philippi, including the overseers and deacons:
- 2 Grace to you and peace from God our Father and the Lord Jesus Christ.

Phil 1:3-7 Remembering the Gospel

For this section we can see Apostle Paul not forget devotion to the Gospel, their progress in the Gospel.

- Apostle Paul also shares with them how he relates to the Gospel and what they and him jointly have in common – The Gospel and the grace of God.
- 3 I thank my God in all my remembrance of you,
 - 4 always offering prayer with joy in my every prayer for you all,
 - 5 in view of your ^aparticipation in the gospel from the first day until now.
 - Gospel = Good News
 - *Bring/announce good news*
 - *proclaim the message of salvation*
 - *To joy in good life as Christian.*
 - 6 *For I am* confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus.
 - 7 For it is only right for me to feel this way about you all, because I have you in my heart, since both in my ^cimprisonment and in the defense and confirmation of the gospel, you all are partakers of grace with me.
 - *Maintain heart for good –*
 - *Pure motive from beginning to end*

Phil 1:8-11 **Love and affection**

For this section we see the general affection Apostle Paul has for the brethren, and more specifically, the affection for the Church. The affection is for them to progress to discern, identify what is excellent to pursue, keep sincere and remain fruitful until the day of Jesus Christ

- 8 For God is my witness, how I long for you all with the affection of Christ Jesus.
- 9 And this I pray, that your love may abound still more and more in real knowledge and all discernment,
- Knowledge – to help rather than destroy
 - Discernment
 - To protect/preserve self in good; short, medium, long term
- 10 so that you may ^aapprove the things that are excellent, in order to be sincere and blameless until the day of Christ;
- 11 having been filled with the fruit of righteousness which *comes* through Jesus Christ, to the glory and praise of God.
- From Lord Jesus Christ, fruits of righteousness is abundant.
 - Knowledge and discernment is praiseworthy

CONTENTS FOR FOCUSED PRAYER

- Aim through list of reasons
- Pray for the reason/purpose
- Give room for God to work/Decide
- Await His results & will

CONTENTS FOR FOCUSED PRAYER

Reasoning:

- True joy
- Abidance of God – Cultivation
- Confess/Acknowledge faults to God – (Daniel 9)
- Overcome crisis – (Hezekiah – 2nd Kings 20:1-3)

Phil 1:12-18 **Motive for preach the Gospel of God & endure to preach the Gospel of God**

For this section we see Apostle Paul:

- Share the difficulties and progress to advance the Gospel of God
- Share the different motives for those who preach the Gospel
- The joy for people to receive Jesus Christ in the Gospel.

The Gospel Is Preached

12 Now I want you to know, brethren, that my circumstances have turned out for the greater progress of the gospel,
 13 so that my ^aimprisonment in *the cause of* Christ has become well known throughout the whole praetorian guard and to everyone else,
 14 and that most of the brethren, trusting in the Lord because of my ^aimprisonment, have far more courage to speak the word of God without fear.
 15 Some, to be sure, are preaching Christ even from envy and strife, but some also from good will;
 16 the latter *do it* out of love, knowing that I am appointed for the defense of the gospel;
 17 the former proclaim Christ out of selfish ambition rather than from pure motives, thinking to cause me distress in my ^bimprisonment.
 18 What then? Only that in every way, whether in pretense or in truth, Christ is proclaimed; and in this I rejoice.
Yes, and I will rejoice,

- [Prove to God to hate evil \(Ps 97:10\).](#)
- [Youths to witness good examples of pure heart to God \(2nd Tim 2:22\)](#)
- [God chose us, yet we aim to remain blameless \(Eph 1:4\)](#)
- [To receive God's love through Holy Spirit \(Rom 5:5\)](#)

Phil 1:19-26

To Live For Christ

For this section we see Apostle Paul identify merits to be with Christ and the merits to remain with the believers. He hopes for the faith of the believers to progress, which is his joy. We can also see how Paul serve Christ and the Church, and his conduct in the circumstance.

- To live for the Lord Jesus Christ in order to remain that chosen vessel to which one has been appointed.
- Theme: Servitude / Conduct / Behavior (in relation to Gospel)

19 for I know that this will turn out for my deliverance through your prayers and the provision of the Spirit of Jesus Christ,
 20 according to my earnest expectation and hope, that I will not be put to shame in anything, but *that* with all boldness, Christ will even now, as always, be exalted in my body, whether by life or by death.

To Live Is Christ

21 For to me, to live is Christ and to die is gain.
 22 But if *I am* to live *on* in the flesh, this *will mean* fruitful labor for me; and I do not know which to choose.
 23 But I am hard-pressed from both *directions*, having the desire to depart and be with Christ, for *that* is very much better;
 24 yet to remain on in the flesh is more necessary for your sake.
 25 Convinced of this, I know that I will remain and continue with you all for your progress and joy in the faith,
 26 so that your proud confidence in me may abound in Christ Jesus through my coming to you again.

Phil 1:27 – 30

The Gospel; Conduct and worthiness towards the Gospel

- 27 Only conduct yourselves in a manner worthy of the gospel of Christ, so that whether I come and see you or remain absent, I will hear of you that you are standing firm in one spirit, with one mind striving together for the faith of the gospel;
- 28 in no way alarmed by *your* opponents—which is a sign of destruction for them, but of salvation for you, and that *too*, from God.
- 29 For to you it has been granted for Christ's sake, not only to believe in Him, but also to suffer for His sake,
- 30 experiencing the same conflict which you saw in me, and now hear *to be* in me.
- Two conflicts:

1) **To believe Jesus Christ and discover how He perfects our life for the better**

- Experiencing His grace/favor
- Sometimes we choose our own methods until we give way to the arrangement from the Lord Jesus, and eventually accept His goodwill.

2) **The conflict to suffer for the Lord**

- Learning to believe and obey (Rom 6:16-17, 1st Pet 4:16)
- Learning not to abuse His grace (2nd Cor 6:1-2)
- To position self to stand in the Lord Jesus Christ (Phil 4:1)

Phil Chapter 2

Mindset & Exemplary mindset & Obedience/Submission in Gospel of Salvation

Like-minded with fellow co-workers in Christ

For this chapter we can see and learn how to be like-minded when we serve and suffer in the Gospel of God. We can discover who we can obtain joy with the correct mind-set, share joyfully with the same mind-set and when we may suffer with mind-set for the Gospel of God:

- Like-minded co-workers in Christ:
- Like-minded in Christ (Phil 2:20-23) Timothy
- Like-minded in Christ (Phil 2:26, 28) Epaphroditus

Chapter 2

Be Like Christ

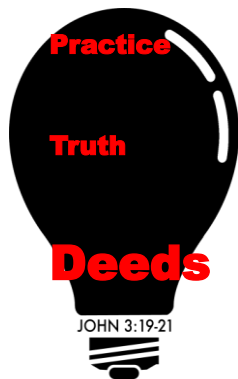
Phil 2:1-4

Joy of one mind, one accord – The pursuit of joy through Unity. Like-minded with fellow co-workers in Christ

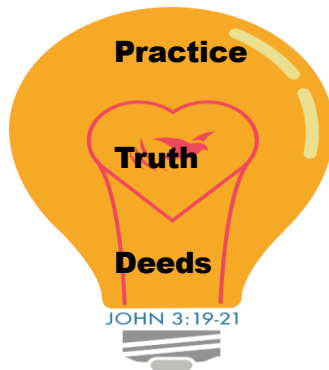
For this section we see Apostle Paul's encouragement to pursue for unity by becoming like-minded towards one another. These same thoughts to matters brings together unity, joy and motive towards one another as they serve the Lord with one another

Theme: Being Like-minded / Joy of Like-mindedness / Be of the Same Mind in Christ / Joy Through Like-mindedness
Like-minded / Unity

- 1 Therefore if there is any encouragement in Christ, if there is any consolation of love, if there is any fellowship of the Spirit, if any ^baffection and compassion,
 - 2 make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose.
- Need to weigh up life-pattern and motive



Sadness,
unhappiness, woe,
dislike,
discouragement



Joy,
gladness,
encouraged by good

- 3 Do nothing from ^aselfishness or empty conceit, but with humility of mind regard one another as more important than yourselves;
- 4 do not *merely* look out for your own personal interests, but also for the interests of others.

Phil 2:5-11 Exemplary Mindset for serving God – Jesus Christ

This section further encourages the pursuit of the same mind-set to serve by following Jesus Christ as the model example. Some of His virtues include the mindset to serve, serve with humility, and learning to remain obedient

- For this section we can see Jesus as the best role-model, for which we learn how to serve God.
- The mind-set of Christ – The best mind-set and example

The Great Example we should emulate/follow (behavior of Jesus Christ).

- 5 Have this attitude in yourselves which was also in Christ Jesus,
6 who, although He existed in the form of God, did not regard equality with God a thing to be grasped,
7 but ^aemptied Himself, taking the form of a bond-servant, *and* being made in the likeness of men.
8 Being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross.
9 For this reason also, God highly exalted Him, and bestowed on Him the name which is above every name,
10 so that at the name of Jesus EVERY KNEE WILL BOW, of those who are in heaven and on earth and under the earth,
11 and that every tongue will confess that Jesus Christ is Lord, to the glory of God the Father.

Phil 2:12-18 Serving God and His Church

Theme: Shine in the Gospel of Salvation

For this section we see the importance of salvation, the mindset and goal we should have as we serve the Lord through His Church








- To reflect on our salvation and yet identify how to continue to perfect goal on pathway with help from the Lord.
- To not forget how God works to help us
- To serve without complaining and disputing
- To protect and cherish identity as blameless and harmless owned by God

To serve in such a way that benefits others

- 12 So then, my beloved, just as you have always obeyed, not as in my presence only, but now much more in my absence, work out your salvation with fear and trembling;
13 for it is God who is at work in you, both to will and to work for *His* good pleasure.
14 Do all things without grumbling or disputing;
15 so that you will prove yourselves to be blameless and innocent, children of God above reproach in the midst of a crooked and perverse generation, among whom you ^dappear as lights in the world,

- 16 holding fast the word of life, so that in the day of Christ I will have reason to glory because I did not run in vain nor toil in vain.
- 17 But even if I am being poured out as a drink offering upon the sacrifice and service of your faith, I rejoice and share my joy with you all.
- 18 You too, *I urge you*, rejoice in the same way and share your joy with me.

Timothy and Epaphroditus

	<p>"...mis-using the personal data of under 13;s"</p> <ul style="list-style-type: none"> • "...potentially delivering harmful inappropriate content at their very next scroll" 	
	<p>symbolise their identity and distinguish between different kinds of asexual behaviour/identity</p>	<p>a symbol for lesbian and gay rights.</p>
	<p>a symbol for the lesbian community.</p>	<p>The Pansexual symbol combines the male, female, and transgender symbols into one, new, P-shaped symbol representing pansexuality.</p> <p>There are several different transgender symbols that are used but this one is the most common.</p> <p>The best-known symbol for the LGBTQ+ community, the rainbow's association with Pride</p>
	<p>a symbol representing gay men.</p>	
	<p>a symbol for the LGBTQ+ community, particularly gay men</p>	
	<p>The weapon represents empowerment and was created by lesbian feminists</p>	
<p>AUGUST 2025 YTTC, Year 2</p>		

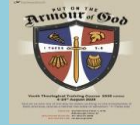
holding fast the word of life....

Danger:

- Entry into darkness
- Build union in fellowship
- Stronghold on lifestyle

THE EPISTLE OF PAUL THE APOSTLE TO THE PHILIPPIANS

holding fast the word of life....



How to hold fast the word of life?

- . Satisfied / Glad (Phil 2:17)
- . Focus (1st Jn 1:1)
- . Spiritual power within His words (Jn 6:63)
- . Remain teachable/submissive (Phil 1:17)

AUGUST 2025

YTTC, Year 2

Phil 2:19-24

Proven Mind-set and motive to serve Church of God

- 19 But I hope in the Lord Jesus to send Timothy to you shortly, so that I also may be encouraged when I learn of your condition.
- 20 For I have no one *else* of kindred spirit who will genuinely be concerned for your welfare.
- 21 For they all seek after their own interests, not those of Christ Jesus.
- 22 But you know of his proven worth, that he served with me in the furtherance of the gospel like a child *serving* his father.
- 23 Therefore I hope to send him immediately, as soon as I see how things go with me;
- 24 and I trust in the Lord that I myself also will be coming shortly.
- I trust in the Lord Jesus to send Timothy to you shortly
 - Why send Timothy?
 - Joy of Paul in three fruitful aspects as example:
 - one like-minded
 - sincerely care for state of brethren
 - Proven character
 - **LESSON:** Imitate the noble pattern is good for Church (Phil 3:17). A bad example will manifest unfruitful outcome despite witnessing what they ought to do (Jn 12:6).
- **How to continue to remain like-minded?**
 - Unite in service/duty/behavior (Phil 2:22)

- Unite in teachable ways according to Jesus Christ (1st Cor 4:17)
- Developed in the same form in Jesus Christ (Gal 4:19)

▪ **How to continue to remain like-minded?**

- Live proven than unproven
- Mature in good pattern (1st Thes 5:21, Rom 12:2)
- Discipline (1st Cor 9:27)
- **Deny God; disqualified** (2nd Cor 13:5, Titus 1:16)

Phil 2:25-30 Like-minded in suffering for the Lord and His Church....and serving

For this section we see Apostle Paul acknowledge the virtues of Epaphroditus who served sick almost unto death. We discover the mercy of God he experienced while suffered for the Lord's work, and the faithfulness he had while serving the Lord and the Church

- Like-minded co-workers in Christ:
- Like-minded in Christ (Phil 2:20-23) Timothy
- Like-minded in Christ (Phil 2:26, 28) **Epaphroditus**

25 But I thought it necessary to send to you Epaphroditus, my brother and fellow worker and fellow soldier, who is also your ^dmessenger and minister to my need;

26 because he was longing for you all and was distressed because you had heard that he was sick.

27 For indeed he was sick to the point of death, but God had mercy on him, and not on him only but also on me, so that I would not have sorrow upon sorrow.

28 Therefore I have sent him all the more eagerly so that when you see him again you may rejoice and I may be less concerned *about you*.

29 Receive him then in the Lord with all joy, and hold men like him in high regard;

30 because he came close to death ^afor the work of Christ, risking his life to complete what was deficient in your service to me.

- Two co-workers work together, build good reward (Ecc 4:10).
- Lord Jesus Christ sent out disciples two by two.
- If Church Board/Council is united, the minister will be joyful.
- Ministers should ask God to provide good co-workers.
- Ministers should appreciate good co-workers help in ministry.

PHILIPPIANS 3

CHAPTER 3 **Defend the Church in truth** **“Growing in the Faith & Discern to know what is safe**

Phil 3:1-21 **Warnings against error**

For this chapter we can learn how Apostle Paul continued his duty of care, repeatedly reminding the believers to grow to mature yet carefully discern in relation to the Gospel of God by continuing in what is safe

- To learn not to be easily influenced by those who do harm to the Church of Christ than good.
- To be careful about self-confidence
- To gain Christ and experience His power
- To mature as we aim to reach the heavenly kingdom while discern not to become an enemy of the cross
- To wait for our Saviour, Jesus Christ, while we have this heavenly citizenship

Chapter 3

The Goal of Life

Phil 3:1-16 **Warnings against Judaizer - “All for Jesus Christ”**

Phil 3:1-11 **All for Christ; Knowing Christ and standing in Christ**

- For this section we see that Apostle Paul drew their attention to reminders not to forget that would help their faith in order to remain standing in Christ so that they can continue in joy whereby believers can continue to stand in Christ.
- To continue safely in the Gospel of God, so to be **discerning to know what is safe** in order to stand in Christ (Phil 3:1)
- To discern between what is safe from what is unsafe with the goal to ensure we keep ourselves “safe” in Jesus Christ.

- 1 Finally, my brethren, rejoice in the Lord. To write the same things *again* is no trouble to me, and it is a safeguard for you.
- 2 Beware of the dogs, beware of the evil workers, beware of the false circumcision;

- Discern: Safe v Unsafe

- Goal: Remain safe/protect self “in Christ”
- **Dogs?** - impure person, unqualified, Unholy (Mt 7:6, Lk 16:21, Num 16:3, 31-32).
More harm than good
- **Evil workers?** (2nd Tim 2:17-18, 2nd Pet 2:1-3)
- **Mutilation?** - **mutilation, cutting in pieces (Acts 15:1, 24, 29. Gal 5:12, 15**
- Circumcision of the flesh – harm to the flesh
- **Choice:** agree to do, or know consequences (1st Tim 6:3-11)

Phil 3:3-7

Convictions of own identity & self-righteousness

Phil 3:3-7

Convictions of own identity & self-righteousness

For this section, Apostle Paul confirms the depth of confidence he gained from his background, and discerning what he gained then, that we would rather forsake this in order to benefit from what is of greater value...Jesus Christ

- 3 for we are the *true* circumcision, who worship in the Spirit of God and glory in Christ Jesus and put no confidence in the flesh,
- 4 although I myself might have confidence even in the flesh. If anyone else has a mind to put confidence in the flesh, I far more:
- 5 circumcised the eighth day, of the nation of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; as to the Law, a Pharisee;
- 6 as to zeal, a persecutor of the church; as to the righteousness which is in the Law, found blameless.
- 7 But whatever things were gain to me, those things I have counted as loss for the sake of Christ.

1st Tim 6:3-5 –

- 3 If anyone advocates a different doctrine and does not agree with sound words, those of our Lord Jesus Christ, and with **the doctrine conforming to godliness**,
- 4 he is conceited *and* **understands nothing**; but he has a morbid interest in controversial questions and disputes about words, out of which arise envy, strife, abusive language, evil suspicions,
- 5 and constant friction between men of depraved mind and **deprived of the truth**, who suppose that godliness is a means of gain.

Phil 3:8-11

All for Christ; Knowing Christ and standing in Christ

For this section we see Apostle Paul gives his reasoning why he wishes to gain Jesus Christ, recognising that his own righteousness is not perfect to gain, but what is perfect to pursue and gain is righteousness according to God.

As we refocus on the Lord Jesus Christ we will come to experience knowing Him and grasping strength from Him.

- 8 More than that, I count all things to be loss in view of the surpassing value of ^aknowing Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them but rubbish so that I may gain Christ,
- New direction, precious hope...from God by faith in Him
 - True substance through faith in His ability (Col 2:17)
 - By faith in Lord Jesus Christ - excellent testimony (Heb 1:4, 8:6, 2nd Pet 1:17)
- 9 and may be found in Him, not having a righteousness of my own derived from *the* Law, but that which is through faith in Christ, the righteousness which *comes* from God on the basis of faith,
- 10 that I may know Him and the power of His resurrection and ^cthe fellowship of His sufferings, being conformed to His death;
- 11 in order that I may attain to the resurrection from the dead.

THE EPISTLE OF PAUL THE APOSTLE TO THE PHILIPPIANS

Chapter 3: Defend the Church in truth –

Growing in the Faith & Discern to “know what is safe”

Phil 3:3-7, 8-11 Convictions of own identity & self-righteousness

WORKS PAUL LATER ABANDONED/REJECTED:

- **Persecute the Church**
- **Blasphe**
- **Persecute**
- **Insolent (1st Tim 1:13)**
- **Sinner**

Rely: Flesh v Spirit
Righteousness of man v
Righteousness of God

Unsafe loss in value v
safety in His excellence

WORKS PAUL PURSUED TO SEE GOOD OF GOD:

Knowledge of Christ
Faith in God's righteous power of resurrection
Abundant grace

Faith, love of Lord Jesus Christ
(1st Tim 1:14)

Justified by His righteousness

AUGUST 2025

YTTC, Year 2

Phil 3:12-16 Lay hold of that which for which Christ laid hold of me.
For this section we learn about

- To press towards the goal, the prize.- the upward call of God. We are to grow to mature in this goal. This means we are t continue to learn to strive forward.
- Everything else is a small matter, leaving behind things and past accomplishments.

- 12 Not that I have already obtained *it* or have already become perfect, but I press on so that I may lay hold of that for which also I was laid hold of by Christ Jesus.
- 13 Brethren, I do not regard myself as having laid hold of *it* yet; but one thing *I do*: forgetting what *lies* behind and reaching forward to what *lies* ahead,
- Behind? – May not recover the use and purpose
 - Forward? – still much to gain through pursuit.
- 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.
- 15 Let us therefore, as many as are ^aperfect, have this attitude; and if in anything you have a different attitude, God will reveal that also to you;
- 16 however, let us keep ^aliving by that same *standard* to which we have attained.
- Attain understanding through wise counsel (Prov 1:5)
 - Same rule? Impartial with fair/just outcome
 - Gratitude of entry into TJC (Col 3:15)
 - Profitable than unprofitable to soul (Heb 13:7, 17)

Phil 3:17-21

Citizenship in Heaven

For this section Apostle Paul uses Christ as his own model, and asks the congregation to imitate.

- Continue with Christ as One to follow, alongside opposing false brothers.
 - Keep clear from the enemies of the cross, we at the same time are to endure as we wait for our only Saviour, Jesus Christ
 - To discover how Jesus Christ transforms us as we await His return.
- 17 Brethren, join in following my example, and observe those who walk according to the pattern you have in us.
- 18 For many walk, of whom I often told you, and now tell you even weeping, *that they are* enemies of the cross of Christ,
- A pattern; Enemy of the cross, works to reject Lord Jesus Christ – doer of darkness than light (Heb 10:29)
 - A pattern: Friend of the cross – Lord Jesus Christ; Grace, Truth
- 19 whose end is destruction, whose god is *their* ^aappetite, and *whose* glory is in their shame, who set their minds on earthly things.
- 20 For our citizenship is in heaven, from which also we eagerly wait for a Savior, the Lord Jesus Christ;
- 21 who will transform the body of our humble state into conformity with the body of His glory, by the exertion of the power that He has even to subject all things to Himself.
- LESSON:
- To preserve ourselves with the inheritance from the LORD's calling.
 Not compromise privileges from heaven by fleshly lusts (James 3:14-16).
 Pursue good decision, discern to please God
- Thoughts/eyesight upon return of Lord Jesus Christ for salvation – Ultimate blessing (Phil 2:12-13, Col 3:4, 1st Cor 15:42-44)
 - Transform for His Kingdom by His power (1st Jn 3:2-3, 2nd Cor 7:1, 2nd Pet 3:14, Heb 12:14)

CHAPTER 4

The joy of being content in the Lord

We can truly be content when we stand fast in the Lord.

- We can stand fast and be content when we meditate on matters that is helpful to us.
- To learn how to stand fast and be content in every situation we face/experience.
- To express gratitude of contentment from the helps prepared by brethren while also seeking how to manifest helps to the Church.

Chapter 4

Think of Excellence

Phil 4:1 To stand fast in the Lord

- 1 Therefore, my beloved brethren whom I long to see, my joy and crown, in this way stand firm in the Lord, my beloved.
 - Together, for spiritual path with one mind and one spirit (Phil 1:27, 2:16)
 - To cherish the work of God (1st Cor 15:58)

Phil 4:2-7 Pursue for unity of the same mind

- 2 I urge Euodia and I urge Syntyche to ^alive in harmony in the Lord.
- 3 Indeed, true companion, I ask you also to help these women who have shared my struggle in *the cause of* the gospel, together with Clement also and the rest of my fellow workers, whose names are in the book of life.
 -True companion
 - Can you reconcile with brethren that accords with truth?
 - Can brethren see how sincere you are?
- 4 Rejoice in the Lord always; again I will say, rejoice!
- 5 Let your gentle *spirit* be known to all men. The Lord is near.
 - Gentle (fitting) v Harsh (unfitting)
 - God examines/judges (James 5:8-9, Titus 3:2)
 - Harsh behaviour – God could reject prayer requests (1st Pet 4:7, James 4:1-3)?
 - Honourable behaviour may help our prayers (1st Pet 3:7)
- 6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

- Thanksgiving/Gratitude to worship God (Ps 26:7, 50:14, 69:30, 100:4)
- Beyond encouragement, Apostle Paul included need as principle in prayer (Col 4:2)

7 And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

4:8-9

Appreciating good virtues that bring joy and goodwill

For this section:

- We should appreciate the good qualities of others. Should we do the good things, we shall receive blessings. We are to stand fast in the Lord, and to follow all the good virtues
- 8 Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.
- 9 The things you have learned and received and heard and seen in me, practice these things, and the God of peace will be with you.

THE EPISTLE OF PAUL THE APOSTLE TO THE PHILIPPIANS

Chapter 4:

The Joy Of Being Content

4:8-9 Appreciating good virtues that bring joy and goodwill

true, noble, just, pure, lovely, good report, virtue, praiseworthy

- **True** - No deceit (Jn 19:35, 1st Cor 13:6, Jn 8:31-32, 2nd Jn 4, 3rd Jn 4)
- **Noble** - Upright moral principle (1st Tim 3:8, 1st Pet 4:17-18, Ecc 11:9, Jer 29:23).
- **Just** - That which is favorable and right in principle (Ps 9:4, Ps 139:13 – 14).
- **Good report** - Worthy of praise, to be made known, fragrant mutual joy linger in heart and mind (Acts 14:27-28 & Acts 15:24-29, 30)

AUGUST 2025

YTTC, Year 2



Phil 4:10-20

Joy of what is sufficient/enough for being content

For this section, Paul is sharing what he has learned to become content when he has and when he is lacking. Paul has learned, through experience to be satisfied in all circumstances. Paul learn to endure with whatever strength Christ sustained him with.

Stand fast in contentment in every circumstance

For this section we can learn about how the Lord Jesus has helped Paul to:

- be and remain content:
- With what he has gained
- With what he lacks
- With how the Church of Philippi has helped Paul
- How Paul wishes to manifest His love to help the Church of Philippi

God's Provisions

- 10 But I rejoiced in the Lord greatly, that now at last you have revived your concern for me; indeed, you were concerned *before*, but you lacked opportunity.
- [Care: Practice simple thoughts to see abidance of God \(Phil 4:8-9\)](#)
 - [Live the simple thoughts as foundation to witness stability of God \(Phil 4:8-9\).](#)
- 11 Not that I speak from want, for I have learned to be ^acontent in whatever circumstances I am.
- 12 I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need.
- [Possess Lord Jesus Christ is good reason to master being content \(Heb 13:5\)](#)
 - [....Everywhere and in all things.....- Disciplined how to pass the test and mature.](#)
- 13 I can do all things through Him who strengthens me.
- 14 Nevertheless, you have done well to share *with me* in my affliction.
- [Reflect on faith of others become strength to comfort Apostle Paul \(1st Thes 3:7\)](#)
 - [Possess Lord Jesus Christ to overcome all – Willing to learn more in test \(Rom 8:35\)](#)
 - Can we see joy through affliction?
- 15 You yourselves also know, Philippians, that at the ^afirst preaching of the gospel, after I left Macedonia, no church shared with me in the matter of giving and receiving but you alone;
- Giving and receiving
 - [Situation of distress prompts us to consider strength of contentment \(Phil 4:11\)](#)
- 16 for even in Thessalonica you sent *a gift* more than once for my needs.
- 17 Not that I seek the gift itself, but I seek for the profit which increases to your account.
- [When doing good, we cannot underestimate time it helps the needy \(Tit 3:14\).](#)
[Devote to good works, assures timely help for the needy](#)
- 18 But I have received everything in full and have an abundance; I am amply supplied, having received from Epaphroditus what you have sent, ^ba fragrant aroma, an acceptable sacrifice, well-pleasing to God.
- [Depth of the fruit –](#)
 - [Fruit from the Church \(United mind and heart of brethren\)](#)
 - [Well pleased to God; Brethren pursued for this fruit in hope it would be acceptable to God](#)
- 19 And my God will supply all your needs according to His riches in glory in Christ Jesus.

20 Now to our God and Father *be* the glory forever and ever. Amen.

Greeting and Blessing

21 Greet every saint in Christ Jesus. The brethren who are with me greet you.

22 All the ^bsaints greet you, especially those of Caesar's household.

23 The grace of the Lord Jesus Christ be with your spirit.